

# Beaver Falls Elementary School

## May 2017 Lunch Menu

Food Service Director: Yvette Jester  
 Jestery@tigerweb.org  
 724.843-7470 x 1326



### What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate  
 Choice of Vegetable, Choice of Fruit\*  
 Choice of Grain/Bread,  
 and Choice of Milk

*\*Students must choose at least one fruit or vegetable*

### Fresh Fruits and Vegetables Offered Daily

**\*Vegetables include:**  
 Broccoli Florets  
 Baby Carrots  
 Dark Leafy Greens  
 Legume Salads  
 Celery & Cucumber  
 \*May choose two 1/2 cup servings

**\*Fruits include:**  
 Sliced Apples  
 Sliced Peaches  
 Mixed Fruit  
 Fresh Orange  
 Banana  
 Pineapple Tidbits  
 Diced Pears  
 Applesauce  
 \*May choose 1/2 cup serving

**MENUS SUBJECT TO CHANGE**

### Cold Choice:

Turkey & Cheese Sandwich



### Milk Choices Offered Daily

1% white, non-fat white, non-fat flavored

Adult Lunch 3.50

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5/1 Fish Sandwich Coleslaw Chilled Applesauce Milk Choice	5/2 Hot Turkey & Bacon Sandwich Roasted Sweet Potatoes Chilled Pineapple Tidbits Milk Choice	5/3 Chicken Broccoli Casserole Tossed Romaine Salad Chilled Pears Milk Choice	5/4 Hamburger On Whole Grain Bun Baked Beans Chilled Peaches Milk Choice Apple Crisp	5/5 <b>Cinco De Mayo</b> Beef & Cheese Nachos Steamed Corn Chilled Pears Milk Choice
	5/8 Chicken Nuggets Whole Grain Bread Slice Steamed Broccoli Chilled Pineapple Milk Choice	5/9 Meatball Hoagie Seasoned Green Beans Chilled Peaches Milk Choice	5/10 Cheeseburger On Whole Grain Bun Seasoned Fries Chilled Applesauce Milk Choice	5/11 Chicken Soft Taco Refried Beans Chilled Pears Milk Choice	5/12 Mexican Pizza Fresh Carrots w/ Dip Chilled Mixed Fruit Milk Choice
	5/15 BBQ Rib Hoagie Baked Beans Chilled Pineapple Tidbits Milk Choice	5/16 Turkey Club Sandwich Sweet Potato Fries Chilled Peaches Milk Choice	5/17 Beef & Potato Puff Bake Seasoned Green Beans Chilled Applesauce Milk Choice	5/18 Popcorn Chicken Salad Garlic Bread Stick Seasoned Fries Chilled Pears Milk Choice	5/19 Breaded Chicken Sandwich Tossed Romaine Salad Chilled Pears Milk Choice
	5/2 Hot Dog On a Whole Grain Bun Baked Fries Sliced Apples Milk Choice	5/23 Chicken Parmesan Sandwich Steamed Green Beans Chilled Pears Milk Choice	5/24 Chicken & Cheese Nachos w/ Salsa Refried Beans Chilled Peaches Milk Choice	5/25 Popcorn Chicken Bowl Mashed Potatoes w/ Gravy Steamed Corn Chilled Applesauce Milk Choice	5/26 Chicken Nuggets Whole Grain Bread Slice Steamed Broccoli Chilled Applesauce Milk Choice
	5/29 No School Memorial Day	5/30 Sloppy Joe Sandwich Seasoned Green Beans Chilled Pears Milk Choice	5/31 Turkey & Cheese Sub Sandwich Potato Salad Chilled Peaches Milk Choice	6/1 Early Release No Lunch	The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE
	Monday: Hamburger On Bun	Tuesday: Corn Dog	Wednesday: Hot Turkey & Cheese	Thursday: Chicken Sandwich	Friday: Cheese Pizza